

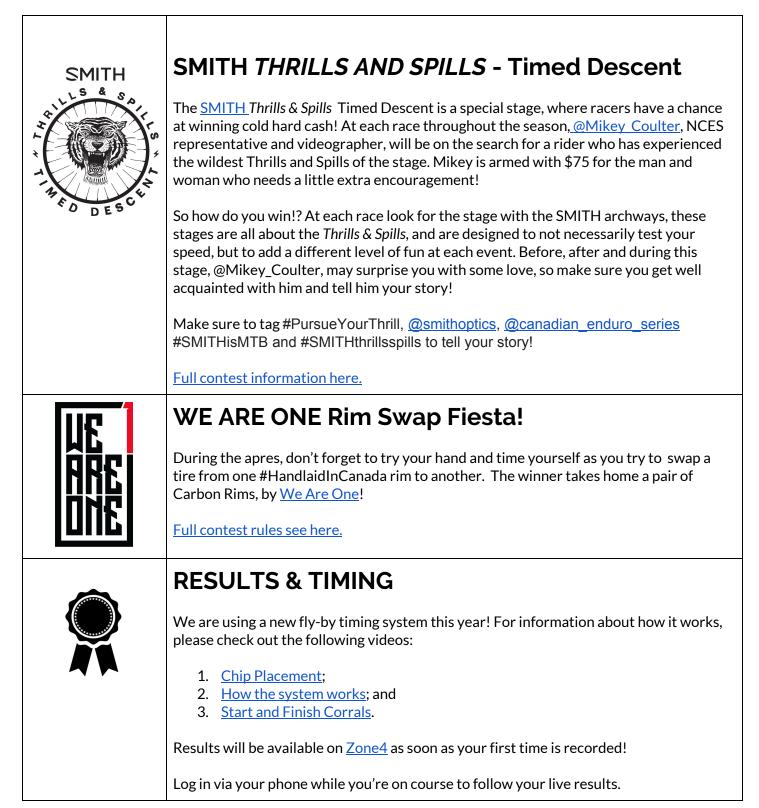




Q	 TRAINING // COURSE INSPECTION OFFICIAL PRACTICE is open SATURDAY FROM 3PM TO 8:00PM Shuttling is NOT Permitted on Friday, May 10th or Saturday, May 11th This means absolutely, NO vehicles on the shuttle road carrying racers. Racers found to be using a shuttle will be disqualified and barred from all Events without refund. There is no training/pre-riding permitted on the trail known as - Black Forest HAM (aka Blackhawk down) - from Friday, May 10th to Sunday, May 12th. Hiking/Walking is permitted and encouraged 'Game Cameras' and groms have been employed, riders will be disqualified Full Face Helmets are mandatory during Saturday practice Courses are released either Friday or Saturday - courses are not considered final until Saturday at 7:00pm. Training/Practice Shuttle road is CLOSED from Friday to Sunday.
	 PROTECTIVE EQUIPMENT Full Face MANDATORY for ALL riders at EVER RACE Full Face helmets are mandatory for ALL riders at EVERY RACE Knee pads are strongly recommended. So are gloves, elbow pads, eye protection and back braces.
	SHUTTLES *NEW THIS YEAR* Shuttling will be closed from Friday to Sunday.
	 COURSE INFORMATION Course Releases happen on Friday or Saturday Courses are <u>released here.</u> You can also find them on our <u>Trailforks Account.</u> <u>Download the trailforks App</u> - there are NO printed maps <u>View last years course here.</u> Do not email asking for course information, none will be given. Courses are difficult, expert trails and distance, no beginners. 2000m of Climbing, 20-35kms and 3-6 Stages









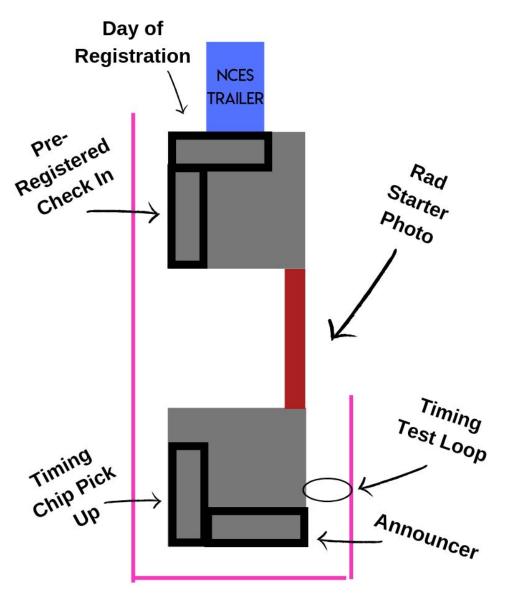


	REGISTRATION
CANADIAN ENDURO SERIES LONG	REGISTER HERE - www.canadianenduro.com RACER BRIEFING • Mandatory Racer Briefing, 10 minutes before departure time,. • Please review rule book prior to event • See schedule for departure time DAY OF REGISTRATION - See Registration Times • \$150 for all categories ONLINE REGISTRATION • If you signed up online, please view the schedule to determine your registration time. • There are NO package pickups before your scheduled time
	RIDER INTRODUCTIONS At registration, you have the option to be introduced by our announcer and to have a photo of you, your bike and your kit, looking awesome, in front of our backdrop. Just like at the EWS! For the introduction you'll need to bring the following items to the registration area: Your full riding kit Your bike Your numberplate (attached to your bike) PROCESS Bring the above to registration > you'll put your plate on immediately while in line for photos. Wait in line for the announcer to call you to the backdrop Smile, get photo Race on! *Photos will be uploaded to Pinkbike and Roots and Rain* *If you do not want your photo taken or name announced, please just exit the line AFTER you've picked up your timing chip and number plate*













		SCHEDUL	Ξ		
	SCHEDULE Departure Time is the time DEPARTING from staging/registration, not your stage start Time Course Release is on Friday or Saturday SATURDAY, MAY 11TH - VEDDER CLASSIC XC (not the NCES) See Schedule for Vedder XC here > *NO RIDING THE TRAILS DURING THE XC RACE* Race Finishes at approx. 3:30pm > *Training/Practice/Pre-Riding will start at 3:30pm Saturday.				
ᠿ᠊᠋ᡛ᠆ᡛ᠆ᡛ	3:00pm	Practice/Pre-Riding Opens Shuttles are not provided by NCES	No shuttling or pedalling on trails before 3:00 pm This is for the safety of the XC Racers.		
2019	7:00am-10:00pm	Shuttling Closed to ALL participant	Pedal access is still permitted on selected trails, see Practice Section		
	12:00pm- 6:00pm	Beer Garden	In vendor village		
	6:00pm	After Party at Lakeside Beach.	Ticketed event, purchase at FVMBA Tent		
SUNDAY MAY 12TH - NCES RACE					
	6:15am	Registration Table Volunteers	Meet at Registration Tent		
	6:30am	ALL Volunteers and First-Aid	Meet at Registration Tent		
	7:00am-7:30am	Pro Men and Pro Women	Registration		
	7:30AM	Pro Men and Pro Women	Depart from Registration		
	7:30-8:00am	U21 M/W, U15, 21-29, Open W	Registration Open		
	8:00am	ALL RIDERS	RIDER BRIEFING		
	8:00am	U21 M/W, U15, 21-29, Open W	Depart from Registration		
	8:00-8:30am	40+ Men, All Short Course,	Registration Open		
	8:30amish	40+Men, All Short Course	Depart from Registration		
	8:30am-9:00am	30-39 Men and Expert	Registration Open		
	9:30AM	30-39 Men and Expert	Depart from Registration		
	3:00pm	Course Closed	Riders are allowed to finish their stage		
	3:30pm	Race Close - Timing Tag Hand-In	All tags are due		
	3:45pm	Timing Tag Hand Closed	Tags not handed in are disqualified		
	4:30pmish	Awards	Partaaayyy!		
	*Timing Bands n	ot handed in by 3:45pm are di	isqualified immediately.		











ACCOMMODATION AND APRES

	APRES/PARTYING SATURDAY • Beer Garden near registration is from 12:30pm-6:30pm • "The After Party" presented by Lakeside Beach Club - Capped at 200 people • 7:00PM-12:00AM • \$20 for ticket - includes burger and beer • \$4.00 beer all night • Must purchase tickets at Beer Garden on Saturday • No tickets at the door.
Ţ	ACCOMMODATION The best accommodations can be <u>found here (click)</u> , otherwise Camping can be booked at Sunnyside Campground, or through there is various provincial campsite locations around Cultus Lake: <u>Sunnyside Campground</u> or <u>Cultus Lake Provincial Park Camping</u>
TOURISM CHILLIWACK	TOURISM CHILLIWACK Check out Tourism Chilliwack's <u>Website</u> for more information about the area, including accommodation, activities, and local businesses.





